



ITAKOM

IT TAKES ALL KINDS OF MINDS

13-14 MARCH 2023 | EICC – EDINBURGH

AN INTERNATIONAL CONFERENCE ON THE
SCIENCE AND REALITY OF NEURODIVERSITY.

EVENT PROGRAMME

BROUGHT TO YOU BY



Salvesen Mindroom Centre

www.ITAKOM.org

ITAKOM

TAKING PLACE AT EDINBURGH INTERNATIONAL
CONFERENCE CENTRE, EDINBURGH UK AND ONLINE.

ITAKOM's wide-ranging programme is built around outstanding plenary keynote lectures and parallel sessions on many subjects based around its four themes – **Healthcare, Education, Workplace and Community.**

This detailed programme is almost ready but we're still finalising the last few details so we will be updating it from time to time as the event approaches.

Note: during parallel sessions, four of five will be available to digital attendees, the exception being Workshops (shaded) which are for live attendees only due to their interactive nature.

Details about either in-person or digital attendance are on our website at www.itakom.org/register/registration-info

(select **Attending Online** for everything about digital attendance)



MONDAY MORNING IN DETAIL

08:30 – 08:50	WELCOME! To Everyone in Edinburgh and Around the World!				
Pentland Auditorium	Official opening				
08:50 – 09:30	KEYNOTE LECTURE: NEURODIVERSITY AND QUALITY OF LIFE				
Pentland Auditorium	The neurodivergent individual in their unique world Speaker – Professor Sven Bölte from the Karolinska Institute, Sweden				
09:40 – 10:30	AN INTRODUCTION TO NEURODIVERSITY	Neuro Thinkers Session	09:40 – 10:30	PROCESSES IN DENIAL OF CARE	Big Talk
	<ul style="list-style-type: none"> Fundamentals of neurodiversity – Sue Fletcher-Watson Neurodiversity: an expansion – Robert Chapman 		<i>Pre-recorded</i>	Why care services sometimes fail those who use them – Bo Hejlskov	
09:40 – 10:30	ROUTINES FOR HAPPINESS	Topic Session	09:40 – 10:30	DELIVERING INCLUSIVE EDUCATION	Workshop
	<ul style="list-style-type: none"> Sleep in single gene syndromes & intellectual disability – Lindsay Mizen A day in the life of an autistic parent and carer – Adam Murphy 			Building on recent work developing a policy brief on inclusive education, hear about the brief and contribute to plans for its implementation – Prof Duncan Astle & Natalia Zdorovtsova, University of Cambridge <i>This session is not being broadcast</i>	
09:40 – 10:30	ADHD AND ME	Big Talk			
	How having ADHD has shaped my life and work – Rory Bremner				
10:30 – 11:00	COFFEE BREAK IN THE ITAKOM HUB – POSTER CHAT SESSION A (Cromdale Hall on level -1)				



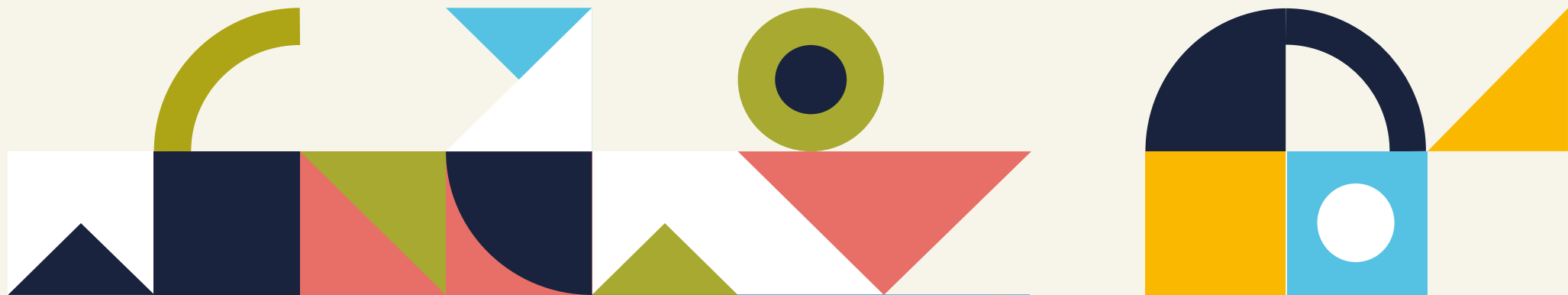
MONDAY MORNING IN DETAIL

11:00 – 11:50	NO MIND LEFT BEHIND... AT THE CLINIC	Expert Panel Session	11:00 – 11:50	ATTITUDES AND PRIORITIES FOR NEURODIVERSITY RESEARCH	Research Report Session
<p>How the neurodiversity paradigm is shaping healthcare.</p> <p>Panel:</p> <ul style="list-style-type: none"> • Andy Stanfield (chair) • Craig McDonald • Ewelina Rydzewska • Richard Chin 				<ul style="list-style-type: none"> • Development of a questionnaire to assess attitudes toward neurodiversity – Rachel Schuck • Identifying community priorities for dyslexia research – Holly Joseph • What do parents of non-verbal and minimally verbal autistic children think and feel about genomic studies of autism? – Kathryn Asbury • The Neurodiversity Movement and its implications for interventions: do community members' own words highlight tensions closed-ended scales miss? – Patrick Dwyer 	
11:00 – 11:50	CREATIVE CAREERS	Topic Session	11:00 – 11:50	HOW CAN WE BUILD SUPPORTIVE COMMUNITIES FOR PEOPLE WITH RARE SYNDROMES?	Workshop
<ul style="list-style-type: none"> • ADHD in the workplace – Lotta Borg Skoglund • Handling it – Charlotte Garnett 				<p>Facilitated by Heather Love Speaker Natalie Frankisch <i>This session is not being broadcast</i></p>	
11:00 – 11:50	NEURODIVERGENT STORIES FROM REAL LIFE	Storytelling Session			
<p>Filmed personal stories available on a video loop; drop in any time</p>					
12:00 – 12:40	KEYNOTE LECTURE: THE MASKS WE WEAR				
Pentland Auditorium	Speaker - Holly Smale, award-winning author & late-diagnosed autistic woman				
12:40 – 14:00	LUNCH BREAK IN THE ITAKOM HUB – POSTER CHAT SESSIONS B & C (Cromdale Hall on level -1)				



MONDAY AFTERNOON IN DETAIL

14:00 – 14:50	DIVERSITY IN NEURODIVERSITY	Neuro Thinkers Session	14:00 – 14:50	NEURODIVERSITY IN ASIA: EAST MEETS WEST OR EAST VERSUS WEST?	Big Talk
<i>Pre-recorded</i>	<ul style="list-style-type: none"> Beyond neuro-essentialism: neuro-transqueering neurodiversity – Nick Walker Identity spirals: neurodivergent intersectionalities – Kassiane Asasumasu 		<i>Pre-recorded</i>	Neurodiversity in the Far East – Yulin Cheng	
14:00 – 14:50	QUALITY IN SERVICES: A CAREER PERSPECTIVE	Topic Session	14:00 – 14:50	LEGAL FRAMEWORK FOR NEURO-INCLUSION AT WORK	Workshop
	<ul style="list-style-type: none"> You'll never achieve anything – Ciara Lawrence The concept of "high quality" services in health and social care – Andrew McKechnie 			Using case studies to explore ways to support neurodivergent people at work	
				Supported & delivered by Burness Paull <i>This session is not being broadcast</i>	
14:00 – 14:50	NEURODIVERSITY AND EMPLOYMENT: WHERE WE'VE BEEN AND WHERE WE'RE GOING	Big Talk			
	Examining reasonable adjustments towards a flourishing and productive neurodiverse workforce – Dr Nancy Doyle				



MONDAY AFTERNOON IN DETAIL

15:00 – 15:50	NO MIND LEFT BEHIND... AT WORK	Expert Panel Session	15:00 – 15:50	PERCEPTION AND ATTENTION	Research Report Session
<p>What the neurodiversity paradigm means for employers and employees.</p> <p>Panel members to be advised soon</p>			<ul style="list-style-type: none"> • How auditory processing contributes to the autistic profile – Bec Poulsen • Chasing the conversation: autistic experiences of speech perception – Alexandra Sturrock • Autistic and ADHD adults' experiences of attention, distraction and focus – Daniel Poole • Feasibility and acceptability of a new parent-toddler programme to support toddlers with a family history of autism/ADHD to develop Strong Attention, Regulation and Thinking skills (START) – Alexandra Hendy 		
15:00 – 15:50	HEALTHY BRAINS	Topic Session	15:00 – 15:50	WHAT'S THE BEST WAY TO INVOLVE NEURODIVERGENT YOUNG PEOPLE IN RESEARCH AND PRACTICE?	Workshop
<ul style="list-style-type: none"> • The long and winding road back – how neurodiversity as a concept can shape and be shaped by our understanding of brain injury – David Williamson • Smart food for ADHD and brain health – Rachel Gow 			<p>Facilitated by Kirsten Shield Speakers from the SMC Youth Advisory Group <i>This session is not being broadcast</i></p>		
15:00 – 15:50	NEURODIVERGENT STORIES FROM REAL LIFE	Storytelling Session			
<p>Filmed personal stories available on a video loop; drop in any time</p>					
<p>15:50 – 16:20 AFTERNOON TEA BREAK IN THE ITAKOM HUB – POSTER CHAT SESSION D (Cromdale Hall on level -1)</p>					



MONDAY AFTERNOON IN DETAIL

16:20 – 17:00	KEYNOTE LECTURE: NEURODIVERSITY IN THE BIGGER EQUALITY, DIVERSITY AND INCLUSION LANDSCAPE
Pentland Auditorium	Speaker to be announced soon
17:05 – 17:45	KEYNOTE LECTURE: FOR THE SAKE OF UNUSUALNESS; MY LIFE WITH TOURETTE SYNDROME
Pentland Auditorium	Speaker - Pelle Sandstrak, A.K.A. "Mr Tourette"
17:45 – 19:00	ITAKOM GET-TOGETHER
	Join us for drinks in the ITAKOM Networking Hub with entertainment! (Cromdale Hall on level -1: included for all in-person attendees)



TUESDAY MORNING IN DETAIL

08:45	WELCOME BACK!
Pentland Auditorium	

08:50 – 09:30	KEYNOTE LECTURE: THE EVER-CHANGING BRAIN
Pentland Auditorium	Speaker – Professor Pierre Magistretti, Emeritus Professor at EPFL and University of Lausanne, Switzerland

09:40 – 10:30	APPLIED NEURODIVERSITY	Neuro Thinkers Session	09:40 – 10:30	COMMUNICATION AND STIGMA	Big Talk
	<ul style="list-style-type: none"> Supportive care to support neurodiverse children; barriers and successes – Max Davie Whose support is it anyway? A critical look at supportive environments – Holly Sutherland 		<i>Pre-recorded</i>	Tackling associated assistive communication devices stigma – Hari Srinivasan	
09:40 – 10:30	INCLUSIVE LEARNING	Topic Session	09:40 – 10:30	TRANSLATIONAL NEUROSCIENCE	Workshop
	<ul style="list-style-type: none"> LEANS project update: teaching primary school children about neurodiversity – Alyssa Alcorn Off to the beach: surf therapy – Jamie Marshall 			Led by Dr Marja Main and the Translational Neuroscience Cohort Join this session led by a collective of neuroscientists to explore how fundamental laboratory work can be developed to make a difference in people's lives <i>This session is not being broadcast</i>	
09:40 – 10:30	GIRLS AND WOMEN WITH ADHD AND AUTISM	Big Talk			
	Why have they so often been overlooked, and what can be done to correct that? – Lotta Borg Skoglund				

10:30 – 11:00	COFFEE BREAK IN THE ITAKOM HUB – POSTER CHAT SESSION E (Cromdale Hall on level -1)
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TUESDAY MORNING IN DETAIL

11:00 – 11:50	NO MIND LEFT BEHIND... IN EDUCATION	Expert Panel Session	11:00 – 11:50	HEALTH AND WELLBEING	Research Report Session
<p>How the neurodiversity paradigm is shaping education</p> <p>Panel:</p> <ul style="list-style-type: none"> • Pete Wharmby • Fergus Murray • Additional panel members to be advised 			<ul style="list-style-type: none"> • Investigating sleep problems and links to mental ill health in autistic children and adolescents – Reesha Zahir • Interviews with autistic adults about suicide risk and prevention – Anne Kirby • The feasibility of shared experience interviewing as an inclusive framework for mental health research in neurodivergent young people – Susie Chandler • Let's talk about neurodivergent menopause: building bridges between disciplines to raise awareness of a critical life stage – Rachel Moseley 		
11:00 – 11:50	NEURODIVERGENT JOURNEYS	Topic Session	11:00 – 11:50	HOW DO WE EMBRACE COMPLEXITY IN RESEARCH AND PRACTICE?	Workshop
<ul style="list-style-type: none"> • Transition into adulthood – Kathleen Bechtold • My life with epilepsy – Holly Wagner 			<p>Facilitated by Agata Ostaszewska of the Embracing Complexity Coalition</p> <p><i>This session is not being broadcast</i></p>		
11:00 – 11:50	NEURODIVERGENT STORIES FROM REAL LIFE	Storytelling Session			
<p>Filmed personal stories available on a video loop; drop in any time</p>					
12:00 – 12:40 KEYNOTE LECTURE: NEURODIVERSITY – INFORMED INTERVENTION					
Pentland Auditorium	<p>Moving towards neurodiversity-affirmative supports for autistic children and their families</p> <p>Speaker – Dr Kathy Leadbitter, Senior Research Fellow at the University of Manchester</p>				
12:40 – 14:00 LUNCH BREAK IN THE ITAKOM HUB – POSTER CHAT SESSIONS F & G (Cromdale Hall on level -1)					



TUESDAY AFTERNOON IN DETAIL

14:00 – 14:50	UN)SUPPORTIVE SYSTEMS	Neuro Thinkers Session	14:00 – 14:50	NEURODIVERSITY IN EDUCATION	Big Talk
	<ul style="list-style-type: none"> • Neurodiversity in the criminal justice system – Whitney Isles • The U in Community: exploring making the most of community experience – Rene Brooks (pre-recorded) 		<i>Pre-recorded</i>	How neurodiversity manifests and can be embraced in schools – Loretta Giorcelli	
14:00 – 14:50	PROFESSIONAL RELATIONSHIPS	Topic Session	14:00 – 14:50	HOW CAN WE DELIVER EFFECTIVE PARTICIPATORY RESEARCH?	Workshop
	<ul style="list-style-type: none"> • Counselling for different ways of being – Sonny Hallett • Home-school relationships: insights into parents and teachers in partnership – Dinah Aitken 			Pushing forward in participatory research – Freya Elise <i>This session is not being broadcast</i>	
14:00 – 14:50	UNMET NEEDS: SEXUALITY AND PEOPLE WITH INTELLECTUAL DISABILITY	Big Talk			
	Considering the rights of people with an intellectual disability to have a healthy sex life, examining the challenges inherent in making this a possibility – Lotta Löfgren-Mårtenson				



TUESDAY AFTERNOON IN DETAIL

15:00 – 15:50	NO MIND LEFT BEHIND... IN THE COMMUNITY	Expert Panel Session	15:00 – 15:50	INCLUSIVE LEARNING SESSION	Research Report
	<p>Exploring the neurodiversity paradigm in our wider society</p> <p>Panel members to be advised soon</p>			<ul style="list-style-type: none"> • The everyday experiences of autistic children in mainstream primary schools; a qualitative investigation using photography and written accounts – Jo Billington • Creating supportive social groups for neurodivergent high school students – Charlotte Butter • Designing sensory spaces to improve school access, participation, and achievement of neurodivergent students: an interdisciplinary approach – Alison Lane • Evaluating the use of flexible seating in a mainstream primary school for neurotypical and neurodivergent pupils – Heba Al-Jayoosi 	
15:00 – 15:50	HAPPY FAMILIES	Topic Session	15:00 – 15:50	DEFINING AND CAPTURING GOOD OUTCOMES	Workshop
	<ul style="list-style-type: none"> • Understanding neurodiverse sibling relationships: where next? – Katie Cebula • Autistic relationships across the lifespan – Sarah Douglas & Felicity Sedgewick 			<p>Facilitated by the Salvesen Mindroom Centre Speakers and topics available soon.</p> <p><i>This session is not being broadcast</i></p>	
15:00 – 15:50	NEURODIVERGENT STORIES FROM REAL LIFE	Storytelling Session			
	<p>Filmed personal stories available on a video loop; drop in any time</p>				
<p>15:50 – 16:20 AFTERNOON TEA BREAK IN THE ITAKOM HUB – POSTER CHAT SESSION H (Cromdale Hall on level -1)</p>					



TUESDAY AFTERNOON IN DETAIL

16:20 – 17:00	KEYNOTE LECTURE: THE TRANSDIAGNOSTIC FUTURE OF NEURODIVERSITY RESEARCH
Pentland Auditorium	Speaker – Professor Sue Gathercole from the MRC Cognition and Brain Sciences Institute at Cambridge University, UK
17:05 – 17:30	CALL TO ACTION: THE FUTURE OF NEURODIVERSITY-AFFIRMATIVE SERVICES AND SOCIETY
Pentland Auditorium	Speakers: Alan Thornburrow and Professor Sue Fletcher-Watson CLOSE OF CONFERENCE





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